



**Do Not Lick this Book**  
 by Idan Ben-Barak and Julian Frost; scanning electron microscope images by Linnea Rundgren  
*Min is a microbe that lives in this book! Go on an adventure with Min to meet other microbes and get a very up-close look at the world.*  
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*Do Not Lick this Book* is an ideal launching point for exploring the importance of hygiene with your class! This interactive title teaches kids what germs are and how easy it is to pick them up. After reading, reinforce that point by choosing several students to “share” some “germs.” Have these students put lotion on their hands then sprinkle glitter into their palms. Spread these “germs” by having students pass objects to other students. After a minute or so, have everyone gather together to assess where the “germs” have gone. Talk about what students can do to prevent germs from spreading, discuss good hand washing techniques, and then have everyone wash up!

**Learn more about the millions of invisible microorganisms that populate our bodies:**

*Germs: Fact and Fiction, Friends and Foes* by Lesa Cline-Ransome  
*Tiny Creatures: The World of Microbes* by Nicola Davies  
*Inside Your Insides: A Guide to the Microbes That Call You Home* by Claire Eamer  
*It's Catching: The Infectious World of Germs and Microbes* by Jennifer Gardy

# JANUARY 2019

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	<b>January is:</b> • National Mentoring Month • National Braille Literacy Month	1 New Year's Day	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Dr. Martin Luther King, Jr. Day of Service	22	23	24	25	26
27	28	29	30	31		